



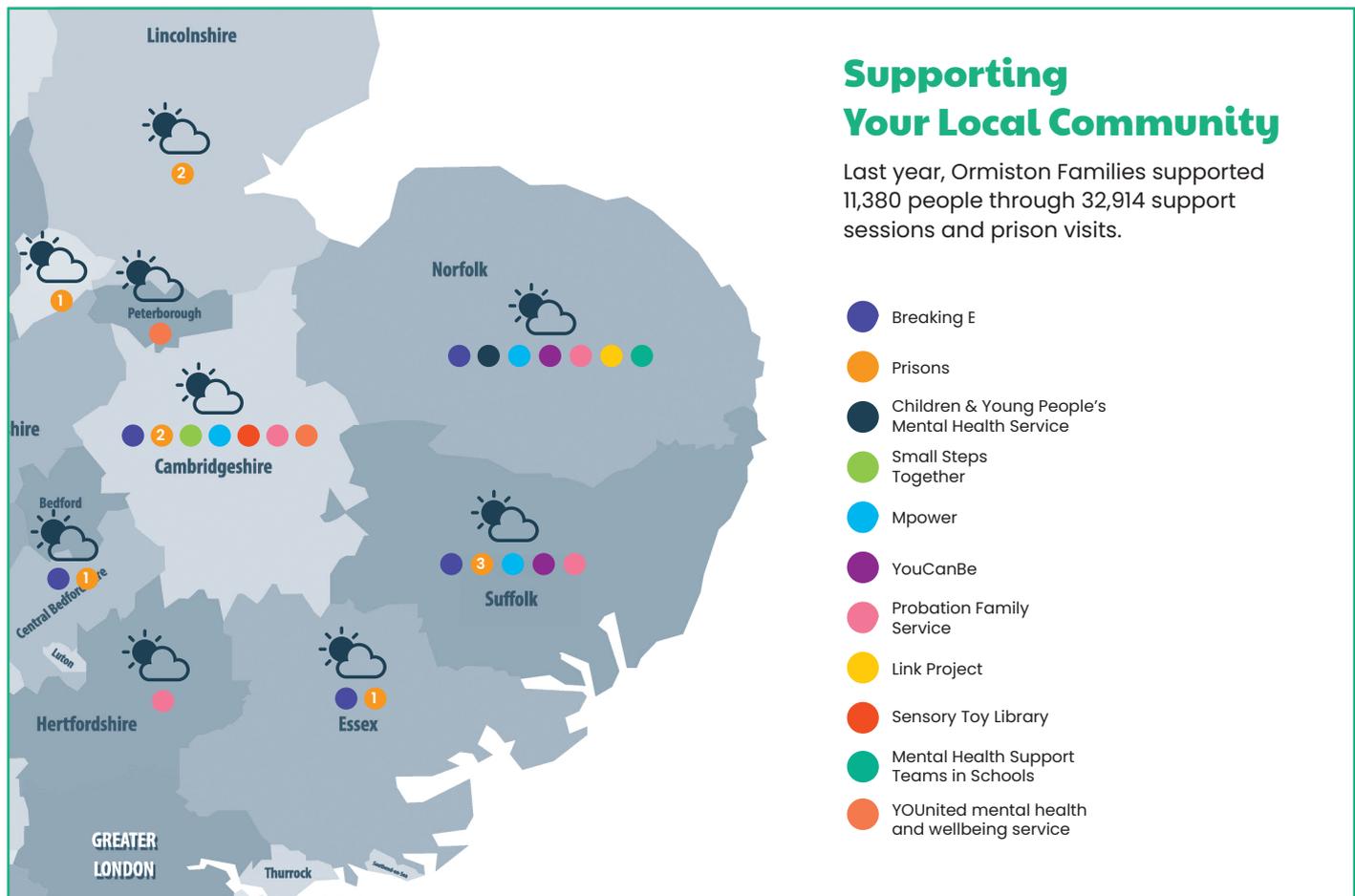
Continue the Story of Your Loved One

Support Ormiston Families to rewrite the stories of families in our communities and in our streets, who need us the most. Through intervention and prevention, Ormiston Families supports thousands of children, young people, and families in the East of England to help themselves, to develop networks, to recognise their strengths, to overcome their struggles, and to take control of their own wellbeing.

40 years of Brighter Futures

Ormiston Families exists today because of one family's tragedy. A young woman, Fiona Ormiston Murray, died whilst on her honeymoon. Fiona loved children and it was no secret that she was so excited about starting her own family. Her family, devastated by their loss, wanted to do something to honour her memory. They created a charitable trust in 1981, devoted to helping children and families in need.

Today, the charity's diverse range of services support the physical and social wellbeing of local communities; families affected by offending; and the mental health and wellbeing of young people.





Spotlight on a Service: Breaking Barriers

Our Breaking Barriers service works across the East of England providing one-to-one support for children and young people who are dealing with the imprisonment of a close family member. We help them to become more resilient, understand and express their feelings, and keep a strong connection with the family member where appropriate.



"The support provided by Jade [Practitioner] has been invaluable for our grandchildren. Through the sessions with Jade they were able to explore and work through their experience of firstly having Dad in prison and then, sadly, having both Mum and Dad in prison at the same time. Support to manage feelings of sadness and anxiety have helped the girls develop coping strategies, to be reassured and feel secure. The family will always be grateful for the help at such a difficult time."

GRANDMOTHER OF SERVICE USERS

How You Can Continue the Story of Your Loved One

There are many ways in which you can continue the story of your loved one by supporting Ormiston Families. With assistance from your Funeral Director, you may like to ask for donations in lieu of or in addition to flowers; or decide to have a collection at the end your loved one's service/memorial.

£5 could fund resources to make a happy memory cushion for a child to help manage difficult emotions

£10 could fund a set of basic stationery for a child to engage with schoolwork

£40 could fund a face to face support session with a child struggling with the loss of a parent to prison

£100 could fund a practitioner's salary for a day to offer expert support to families affected by imprisonment

£250 could fund a package of remote support to keep in contact with a child

To request donation envelopes or find out further ways in which you can donate or fundraise in memory of your loved one please visit www.ormiston.org or contact Georgia Clark, Philanthropy Manger georgia.clark@ormistonfamilies.org.uk