

# Hand Printing



## Things you need-

Paper

Coloured paper for the caterpillars eyes

Scissors- (Adult needs to be with you when you use the scissors)

Glue

Paint – (any colours will do, make up your own coloured Hungry Caterpillar)

Your hands

Bowl of warm water and soap (you will get messy!!)

Towel

## How to make your Hungry Caterpillar-

To make the caterpillars eyes, choose your coloured paper, use one colour to cut out either an oval shape or circle and then the other coloured paper to cut out a smaller oval or circle and glue the smaller shape onto the bigger shape. If you prefer you only need to use one colour paper for the eyes or you can use paint and paint the eyes on.

To make the caterpillars body, paint your whole hand, one colour or mix the colours, then put your hand onto your piece of paper 3 times to make the body and legs.

Wash your hands, dry them then you are ready to make the head.

Paint the palm of your hand and put your palm at one end of your caterpillars body.

Either glue or paint your eyes onto the caterpillars face and then use your finger to paint two antennae onto the top of the caterpillars head.

Your caterpillar is finished, Well Done!!

# Food Matching

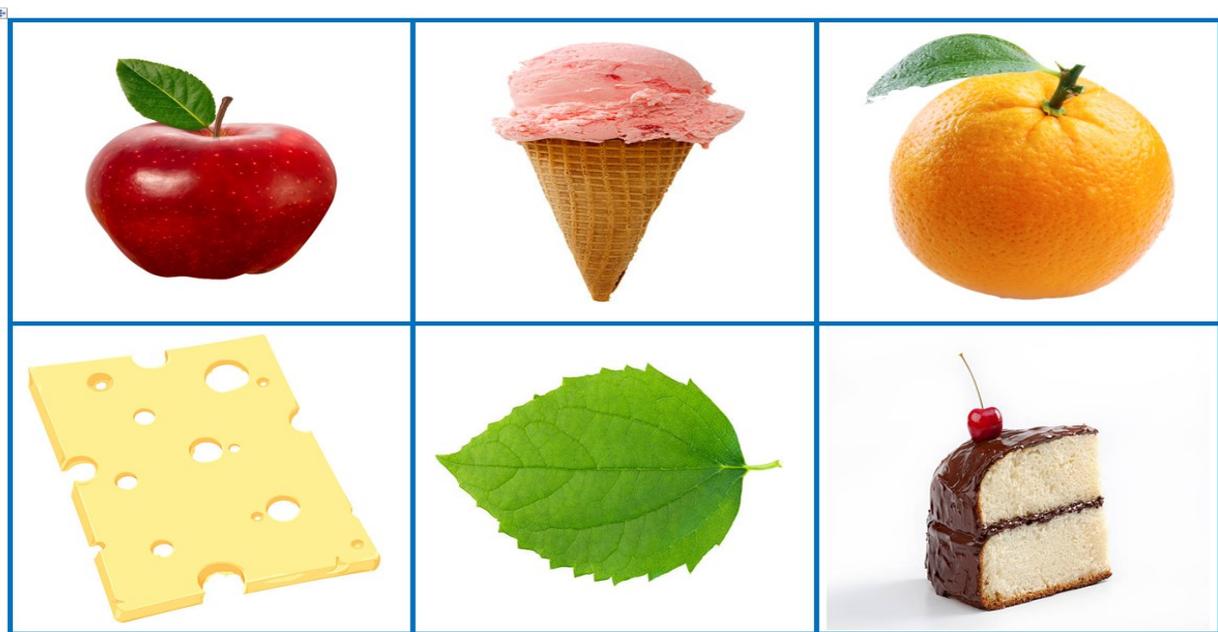
## Food Matching Game

### Step 1

You will need scissors to cut out the pictures from the orange table.

### Step 2

Match the pictures you have cut out to the pictures on the blue table. Have fun!!



# Playdough 1

## Cooked Play Dough

### **Ingredients-**

1 cup of plain flour

½ cup of salt

2 tbsp cream of tartar

2 tbsp of vegetable oil

1 cup of water

Food colouring

Large saucepan

Spoon

### **Step 1**

Add flour, salt, cream of tartar and vegetable oil to the saucepan.

### **Step 2**

Add food colouring to the cup of water and pour into saucepan.

### **Step 3**

Put saucepan onto a medium heat and stir until mixture becomes a sticky combined dough then allow mixture to cool.

### **Step 4**

Flour the worksurface, remove the dough from the saucepan and knead the dough into a smooth ball, the you have made play dough!!

# Playdough 2

## No Cooking Play Dough

### Ingredients-

8 tbsp plain flour  
2 tbsp table salt  
60ml warm water  
Food colouring  
1 tbsp vegetable oil  
Large bowl  
Small bowl or jug  
Large spoon

### Step 1

Put flour and salt into large bowl and mix.

### Step 2

In a separate bowl put the warm water, a few drops of food colouring and the vegetable oil then mix.

### Step 3

Pour the coloured water into the flour mix and mix all the ingredients together with the spoon.

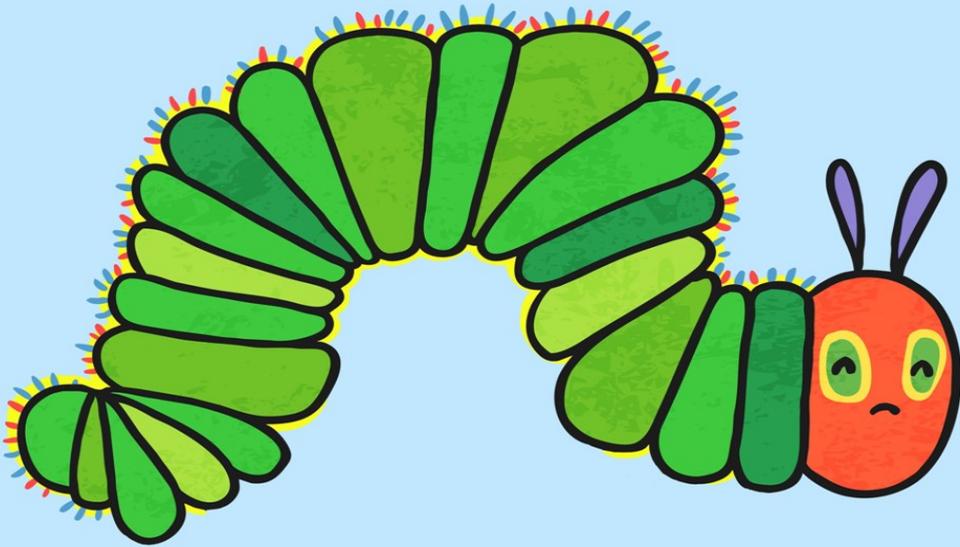
### Step 4

Dust a little flour onto a work surface and turn out the dough and knead the dough into a smooth ball.

When finished with the dough put into a plastic sandwich bag, squeeze out the air and store it in a fridge.

# Playdough 3

Use your playdough to make legs for the caterpillar.



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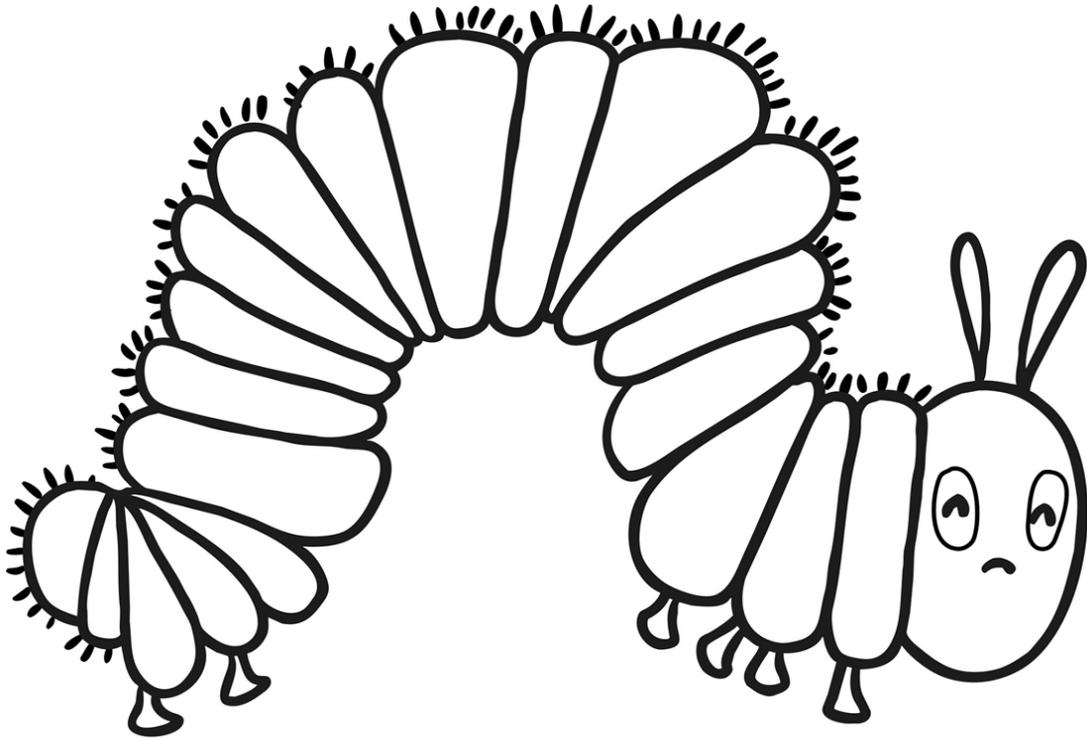
Use your playdough to make wings for the butterfly.



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# Colouring

Caterpillar



Butterfly

