

Volunteer Opportunities-Children's Centres

We have a number of volunteering opportunities within our centres, please take time to read through the different opportunities we have and let us know where you feel you can help.

Messy Tots	
Group/Project description	How you can help
<p>A variety of different play activities are offered each week which are planned to meet the requirements of the Early Years Foundation Stage guidance.</p> <p>Promoting positive play and interaction between parents and child</p> <p>Introducing the areas of learning and development stages, supporting transitions to early years settings, pre-school or school.</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Engaging with children and offering learning opportunities through play</p> <p>Supporting the parents with positive interaction with their children and understanding learning and development opportunities</p>

Rhymetime	
Group/Project description	How you can help
<p>A fun interactive singing session for under 3's</p> <p>Parents and carers learn actions and songs to do with their child.</p> <p>The session supports and encourages communication and language skills.</p> <p>Encourage families to use libraries.</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Engaging with children and offering development with communication and language skills</p> <p>Supporting parents with positive interaction with their children and understanding learning and development opportunities</p>

Baby Steps	
Group/Project description	How you can help?
<p>An under 1's group</p> <p>Baby Massage</p> <p>Breastfeeding support</p> <p>Topical group discussion</p> <p>A support network for new parents</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Support and guidance for parents around successful breastfeeding</p> <p>Boosting parents confidence through discussion and sharing knowledge and experience</p> <p>Supporting new parents with anxiety/concerns they may have to develop their parenting skills</p>

Food Fun	
Group/Project description	How you can help
<p>Introducing cooking as a fun family activity</p> <p>Gaining ideas to create simple, cheap, healthy meals & snacks</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Supporting parents with healthy meal options</p> <p>Supporting parents with budgeting</p>

Volunteer Opportunities-Children's Centres

<p>Develop awareness of safety - elements of food safety and kitchen safety are discussed</p>	<p>Supporting parents with engaging with their children in preparing and cooking meals</p> <p>Support children in learning new skills</p>
---	---

Parenting Programmes	
Group/Project description	How you can help
<p>We run a variety of parenting programmes for different age groups, all programmes are designed to support parents in gaining knowledge and skill around parenting issues</p> <p>Exploring solutions and strategies for managing unwanted behaviour and building strong relationships with their children</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Supporting parents in understanding the benefits of positive encouragement and positive discipline</p> <p>Supporting parents whose children have special educational needs</p> <p>Supporting parents in building their confidence around their parenting abilities</p>

General Maintenance	
Group/Project description	How you can help
<p>Varied tasks from painting, hanging notice boards, gardening, cleaning toys and equipment.</p>	<p>Supporting the effective running of the centre</p> <p>Providing a safe and pleasant environment for families to visit</p>

As part of Ormiston Families commitment to the protection of children some of our volunteer positions will require completion of satisfactory references and Enhanced DBS (Disclosure Barring System).