

This plan is to support you in using the LINK Toolkit Videos to cascade learning to your colleagues. We recommend that you read this guide before delivering the session.

This session aims to inform colleagues of CYP mental health provision in Norfolk & Waveney and how to write a referral into specialist services. There are two activities that accompany this video. We recommend allocating 30 minutes minimum to delivering the session.

5 mins	<p>Video</p> <p>An introduction to CAMHS in Norfolk & Waveney</p>
10 mins	<p>Activity 1</p> <p>In groups and using the resources provided, colleagues sort the services into tiers, following the Norfolk CAMHS model.</p> <p>You can support colleagues if they are unsure as to what a particular service is. If you're not sure, see the slides from Session 1 of your foundation training. Groups can discuss and feedback.</p>
2 mins	<p>Video</p> <p>An introduction to the Norfolk Local Transformation Plan and the Thrive model.</p>
2 mins	<p>Video</p> <p>An introduction to writing referrals. At this point, you may wish to add information specific to the procedures in your setting with regards to who has responsibility for referrals.</p>
10 mins	<p>Activity 2</p> <p>In groups and using the resources provided, colleagues to discuss the sample referrals. Can they recognise where details might be missing? What else would the receiving service need to know? Groups to feedback and discuss.</p>
2 mins	<p>Video</p> <p>What to include in a referral. You may also wish to show your colleagues a blank Point 1 referral form. These can be found on the Ormiston Families website.</p>