

# LINK NEWSLETTER

LINK - Working together for CYP Mental Health



## Hello from LINK!

We hope you are keeping safe and well throughout the lockdown and are looking forward to December. The newsletter this week focuses on current research around attitudes towards the development of the 0-5 age range, a resource to help with behaviour, and a reminder of our LINK consultation service. We hope you have a good week!  
The LINK Team.



## Royal Foundation The 5 Big Insights.

On the 27th November 2020 the Royal Foundation released their research into public attitudes towards key areas of the first 5 years. This research shows the disparity between public opinion and the latest scientific research.

If this area interests you please click [here](#) to read the executive summary.

## LINK Consultation Service

Many of you have accessed our Consultation Service for in-house support around emotional wellbeing. At LINK, we can offer strategies and advice for you to use within your setting. We can also signpost you to services that may support you in your practice.

If you would like to know more about the service, please see the attached leaflet. If you would like to seek support from the service, please get in touch via email.

## POINT 1

Point 1 is available for referrals and telephone support for young people and their families.

You can contact us on **0800 977 4077** or email your referral to [point1@ormistonfamilies.org.uk](mailto:point1@ormistonfamilies.org.uk)

If you wish to make a referral please fill in the referral form which you can access [here](#) and send to the email provided above.



## ASD Helping Hands Behaviour Booklet

ASD Helping hands saw the number of referrals into their service for behaviour increase significantly this year. In response to this they have made their behaviour booklet downloadable for free. This really is a resource with a wealth of information regarding both behaviour in autistic children but also those without a diagnosis.

If you wish to download the booklet please click [here](#).



THE ROYAL FOUNDATION  
of The Duke and Duchess of Cambridge



Helping Hands

