

# LINK NEWSLETTER

LINK - Working together for CYP Mental Health



## Hello from LINK!

We hope you are keeping safe and well, with a busy return to school following half term ! This weeks newsletter focuses on three different areas, one for early years and how to promote positive attachment, a collaboration between Young Minds and Beano and a recommendation for some training provided by the Norfolk Safeguarding Children Partnership. We hope some of this information helps you in your practice.

The LINK Team.



### Young Minds and Beano Collaboration

Young Minds and Beano have collaborated to make age appropriate content for under 12's to inform them of some of the important milestones ahead and how they may feel and then manage these feelings. Topics include, first phone, starting secondary school, sending selfies and more!

To access the content please click [here](#).



### Early Years and attachment

The Anna Freud Centre have created a booklet which aims to help professionals recognise and understand depression and how to use attachment friendly methods in their daily interactions with children.

To find out more you can access the booklet [here](#).

The Anna Freud Centre have also created Early Years in Mind. An online network and newsletter for anyone working with under 5's. To sign up to this please click [here](#).

### Family Network Training

Norfolk Safeguarding Children Partnership are putting on a two day virtual training for free. This training will help you identify and work with Family Networks to support children and inform you how this approach works within the signs of safety model.

If you are interested in this training please click [here to book](#).

## POINT 1

Point 1 is available for referrals and telephone support for young people and their families.

You can contact us on  
**0800 977 4077**  
or email at  
**point1-support**

[@ormistonfamilies.org.uk](mailto:point1-support@ormistonfamilies.org.uk)

Please include:

- Name and DOB of the YP
- Their postcode
- Their school and contact details for a member of staff
- Consent from the YP
- Brief outline of the mental health concern