

LINK NEWSLETTER

LINK - Working together for CYP Mental Health

Hello from LINK!

We hope you are keeping safe and well! This week the newsletter presents the new Wellbeing for Education Return webinars that are taking place across the country to support the wellbeing of students during the return to school. We have also created a new Signposting Directory for Champions and World Mental Health Day is coming up! Kind regards, The Link Team



LINK Signposting Directory

The LINK service have put together a new signposting directory for Champions to use in their practice.

The directory provides local and national signposting for professionals working to support children, young people and their families.

The Directory can be found on our LINK website [here](#).

Wellbeing for Education Return Webinars

Every school can now take advantage of two interactive webinars fully funded by the DfE and DfHSC as part of a nationally developed training package. The sessions are designed to support schools to develop a whole school approach to address specific concerns related to mental health and emotional wellbeing.

To find out more and book onto the webinars, check out the flyer attached to this email.

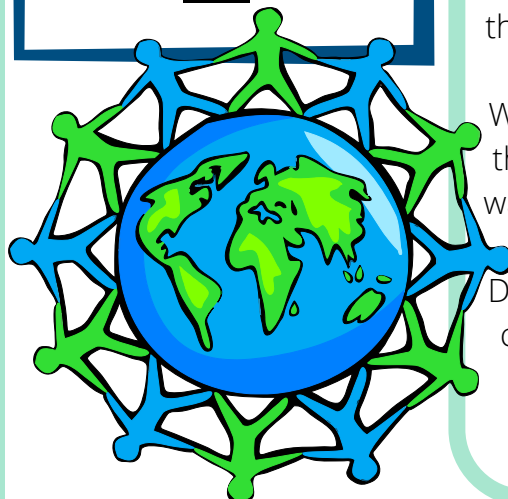
World Mental Health Day

World Mental Health Day is taking place on the 10th of October and this year's theme is 'mental health for all.'

We know that Champions do so much for the mental wellbeing of their CYPs, so we want to remind you to look after your own wellbeing too!

Don't forget, if you work in education, you can access free support from Education Support via their 24/7 helpline.

08000 562 561



POINT 1

Point 1 is available for referrals and telephone support for young people and their families.

You can contact us on
0800 977 4077
or email at
point1-support



@ormistonfamilies.org.uk

Please include:

- Name and DOB of the YP
- Their postcode
- Their school and contact details for a member of staff
- Consent from the YP
- Brief outline of the mental health concern

