

Who is in the team?

Our team includes:

- Specialist nurses
- Psychologists
- Family support workers
- Psychiatrist
- Art therapist
- Administrative staff

Where this service may be provided

We aim to work with the child or young person across all of the settings they attend. This may also include involving those who may support them in those settings.

This may be at, or in:

- Home or place they are living / staying (including hospital stays)
- School / college / workplace
- Places of leisure interest and / or hobbies
- Other community settings

Other things to know

The child or young person may be approached about taking photographs if it is required as part of the work.

Risk assessments are used to promote the safety of the child or young person, and other people who provide them with support.

Our Trust supports students on training placements. Consent will be sought if any students are present during any aspects of care.

Information is recorded on a computer system which has been registered under the Data Protection Act 1998.

For further information contact:

1 Airey close,

Oulton,

Lowestoft NR32 3JQ

Tel: **01502 535000**

www.nsftrn.nhs.uk

Patient Advice and Liaison Service (PALS)

NSFT PALS provides confidential advice, information and support, helping you to answer any questions you have about our services or about any health matters.



If you would like this leaflet in large print, audio, Braille, alternative format or a different language, please contact PALS and we will do our best to help.

Email: PALS@nsft.nhs.uk

Call PALS Freephone: 0800 279 7257

Norfolk and Suffolk NHS Foundation Trust values and celebrates the diversity of all the communities we serve. We are fully committed to ensuring that all people have equality of opportunity to access our service, irrespective of their age, gender, ethnicity, race, disability, religion or belief, sexual orientation, marital or civil partnership or social and economic status.



Trust Headquarters

Hellesdon Hospital, Drayton High Road, Norwich, NR6 5BE

Working together for better mental health...



Positively... Respectfully... Together...

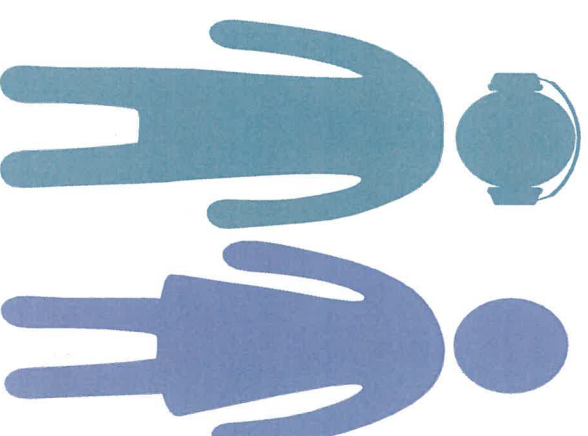
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Norfolk and Suffolk
NHS Foundation Trust

The Under 25s LD Community Team

LD Youth CAMHS
(Learning Disability Child and
Adolescent Mental Health Services)



Working together
for better mental health

Who are LD Youth CAMHS?

We provide a multidisciplinary service for children and young people up to the age of 25 years who have a learning disability and emotional, behavioural or mental health issues.

What do they do?

With the child or young person at the centre of our work, we provide assessments to formulate treatment and interventions to help them and others understand and make sense about why they have been feeling, thinking, and / or behaving differently.

To achieve this we may use the Care Programme Approach (CPA).

This is a way of assessing current and changing needs, then planning care with the child or young person and those who support them. This may involve other agencies by sharing information.

Where appropriate, we involve other agencies or individuals to help create and carry out support for the child or young person. Parents, carers, schools and social care are some of the bodies we may work with.

When things have improved, we can also help the child or young person and their family identify what might have caused the earlier concern and suggest ways to prevent it happening again.

How do they do this?

Our work will involve gathering information through a variety of means which may include:

- Talking with the child or young person, their family and / or others who spend time with them
- Observations
- Assessments
- Discussions with other professionals
- Positive Behaviour Support
- Education around mental health and diagnosis
- Individual and family work
- Psychological and developmental assessments
- Medication
- Communication strategies
- Signposting to other services / agencies
- Social groups
- Youth clubs
- Art therapy

Who can refer and how?

A child or young person can be referred by:

- GP / Paediatrician
- School nurse
- Schools
- Educational and psychological services
- Other health professionals (e.g. speech and language therapist)
- Social care
- Child and adolescent mental health services (CAMHS)
- Or any other relevant professional involved with the child or young person's care
- We also accept self-referrals by calling Single Point of Contact on: 0300 1231 882

The person making the referral

The person referring the child or young person will request and complete a referral form after gaining consent.

Area covered by the team

The under 25s LD community Team (LD Youth CAMHS) at Lothingland work with children and young people under the age of 25 who are living in the Waveney District catchment area and are registered with a Suffolk GP.

