

It was the birth of Kirsty's son that led her to awaken to the world around her, questioning previous beliefs and looking deeper within.

Her sensitive, energetic, cheeky son has taught her so much already and has helped her to develop a much greater understanding of children's needs and how sensitive children can be to their environments. Her almost 10 years experience working with children has seen her support many parents/carers to help them to understand children's behaviour and to develop positive ways of relating to children. Becoming qualified with Childosophy has been a fantastic way of developing further and understanding children on a much deeper level.

She is sensitive herself and highly intuitive which she has learnt to embrace and enjoys spiritual learning and development.

Kirsty loves connecting with children and losing herself in the child's world. Children often gravitate toward her and enjoy her kind, playful nature.



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childosophy™



## CHILDREN'S WELLBEING PRACTITIONER

Applying The 10 Step System  
Founded by Dr. Maxine Thérèse

[www.childosophy.com](http://www.childosophy.com)

# Children's Wellbeing

Childosophy™ is an integrative approach to children's wellbeing by founder Dr. Maxine Thérèse. The system brings balance to the body, mind and spirit of the child. When the child is whole they bring this to all they do and can overcome even the most difficult challenges.

The Childosophy™ system is offered in private consultations with Certified Childosophy™ practitioners.

Practitioner Trainings, Workshops and Professional development for teachers are conducted by the founder Dr. Maxine Thérèse, see [www.childosophy.com](http://www.childosophy.com) for further training details.



INTERNATIONAL INSTITUTE FOR  
COMPLEMENTARY THERAPISTS

## Does your child have any of the following?

- ADD / ADHD
- Allergies
- Fears and Phobias
- Learning Difficulties
- Emotional Issues
- Sibling Rivalry
- Friendship Concerns
- Bed wetting
- Stomach Aches
- Sleep / Bedtime Issues
- Nightmares
- Low Self Esteem
- Body Image Concerns

**Understand what these symptoms are  
expressing and help your child  
understand their emotions**

**Any symptom can be healed when the  
origin of the symptom is understood.**

A Childosophy™ practitioner uses a muscle test and the 10 steps of awareness in the Childosophy™ system, to locate the reason why the child's 'symptom' has occurred. The practitioner brings awareness to the meaning of the symptom for the child.

Any challenge that your child faces can be understood when the unmet need from the past is recognised. The Childosophy™ system interprets the underlying unmet need and discerns what the child needs now for their best growth.