



**LINK**  
Working together for CYP mental health



Norfolk and Suffolk **NHS**  
NHS Foundation Trust



# Welcome to the Link Service from Point 1!

Working together to improve children and young people's mental health

## Could you be a Mental Health Champion?

Are you a frontline professional working with children and young people?

Would you like to feel more confident in responding to their emotional wellbeing and mental health needs?

Would you like to know more about the specialist support services available to them in Norfolk and Waveney?

If so, be part of the new Link Service from Point 1 and be trained to become a Mental Health Champion. We are currently developing and training a network of Mental Health Champions who will share their new knowledge amongst their colleagues of the mental health issues affecting children and young people and the types of support available. For more information about this role and whether you are eligible to apply, download the **Mental Health Champion Role Specification**. For other enquiries about the Link Service **contact the team** or have a look at our **FAQs**.



Thank you to everyone who attended our information sharing events in December and January. As you can see, they were a great success and very helpful in shaping the future direction of the service!

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## Mental Health Champion Foundation Training

If you would like to be a Mental Health Champion you will need to attend our free 2-day Foundation Training. We will run a number of these Foundation sessions across Norfolk & Waveney, starting in April 2018. These initial sessions form part of the Link Service's rolling programme of free training events and consultations which will include specialist topics such as self-harm, bereavement, attachment, anxiety and working with families.

**For further details of training events with dates and locations please contact the team.**

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## Do you work in the Voluntary Sector?

We recognise that CYP mental health is a joint endeavour and very much welcome partnership across all sectors. As such, voluntary sector staff will be able to access some Link material if they become Link Service Associates. For more information about how to get involved, please email us at the Link Service.

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### Referrals to Point 1

**Please note that the Link Service cannot offer support for specific referrals into the Point 1 service. If you have any queries regarding referrals, either current or pending, please contact SPOC on 0800 977 4077 or email Point 1.**

*The Link Service is part of Point 1 and is a consortium which comprises:*

*Ormiston Families*

*MAP*

*Norfolk & Suffolk Foundation Trust (NSFT)*

**Contact details:**

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