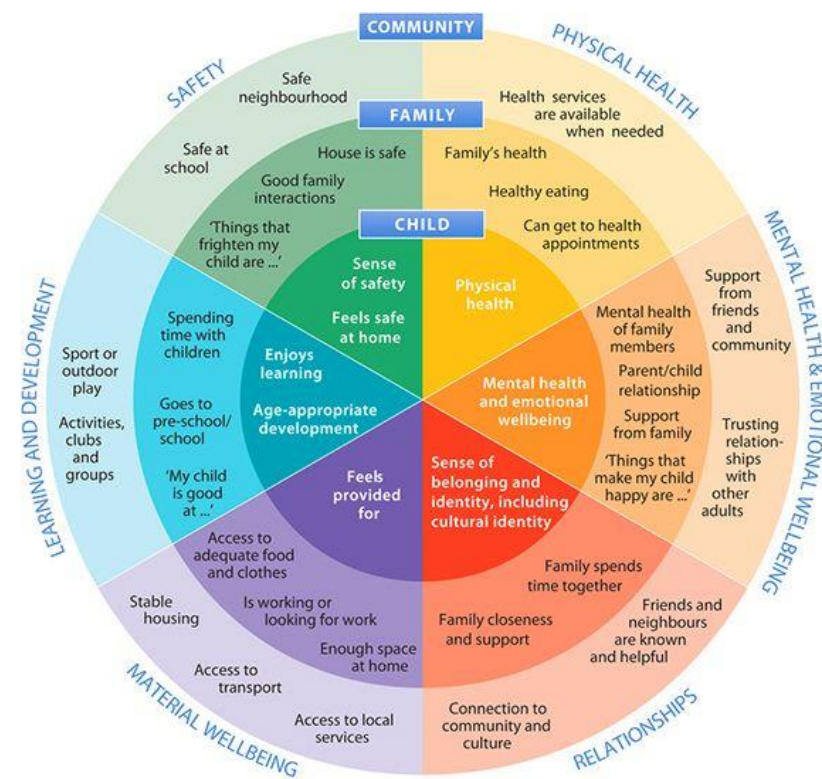


Mental Health problems seen in specialist services

1. Anxious away from care givers (Separation anxiety)	11. Extremes of mood (Bipolar disorder)	21. Family relationship difficulties
2. Anxious in social situations (Social anxiety/phobia)	12. Delusional beliefs and hallucinations (Psychosis)	22. Problems in attachment to parent/carer (Attachment problems)
3. General anxiety (generalised anxiety)	13. Drug and alcohol difficulties (Substance abuse)	23. Peer relationship difficulties
4. Compelled to do or think things (OCD)	14. Difficulties sitting still or concentrating (ADHD/Hyperactivity)	24. Persistent difficulties managing relationships with others (includes emerging personality disorder)
5. Panics (Panic Disorder)	15. Behavioural difficulties (CD or ODD)	25. Does not speak (selective mutism)
6. Avoids going out (Agoraphobia)	16. Poses risk to others	26. Gender discomfort Issues (GID)
7. Avoids specific things (Specific phobia)	17. Carer management of CYP behaviour (e.g. management of child)	27. Unexplained physical symptoms
8. Repetitive problematic behaviours (Habit problems)	18. Doesn't go to the toilet in time (Elimination problems)	28. Unexplained developmental difficulties
9. Depression/low mood (Depression)	19. Disturbed by traumatic event (PTSD)	29. Self-care issues (includes medical care management, obesity)
10. Self-harm (Self injury or self-harm)	20. Eating issues (Anorexia/Bulimia)	30. Adjustment to health issues

Source: Anna Freud

Bronfenbrenner Socio-ecological Model



Source: Bronfenbrenner