

Link Project

Provides advice, support & training to help ensure staff in universal settings (e.g. schools) are well equipped to meet the mental health needs of young people.

Mpower

Helps women who have had at least one child removed and who need support in understanding why. We help by addressing the issues that led to removal, with the aim to reduce the likelihood of it happening again.

YouCanBe

This is a new pilot project operating in and around Ipswich, Lowestoft and Suffolk Coastal. This project supports women who are facing multiple challenges and need help to take control of their lives, build self-esteem and resilience and reduce the risks of an unplanned pregnancy.

Point 1

Offers support to young people (0-17 years old) with emerging mental health issues, including counselling, parenting programmes, information and advice.

SEND Care & Share/ Sensory Toy Library

This is a stay and play group where parents and their children can meet. It is for families with children who have additional needs. The Sensory Toy Library is a free service available for families to access to hundreds of sensory development toys/resources.

Small Steps Together

Supports those at risk of developing, or who have low to moderate perinatal mental health and well being needs during pregnancy and up to a year after birth.

Transforming Rehabilitation (TR)

Works with people who are supervised by a community rehabilitation company (CRC) or the National Probation Service (NPS). Provides a range of family support interventions.

Contact Details

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Email: enquiries@ormistonfamilies.org.uk

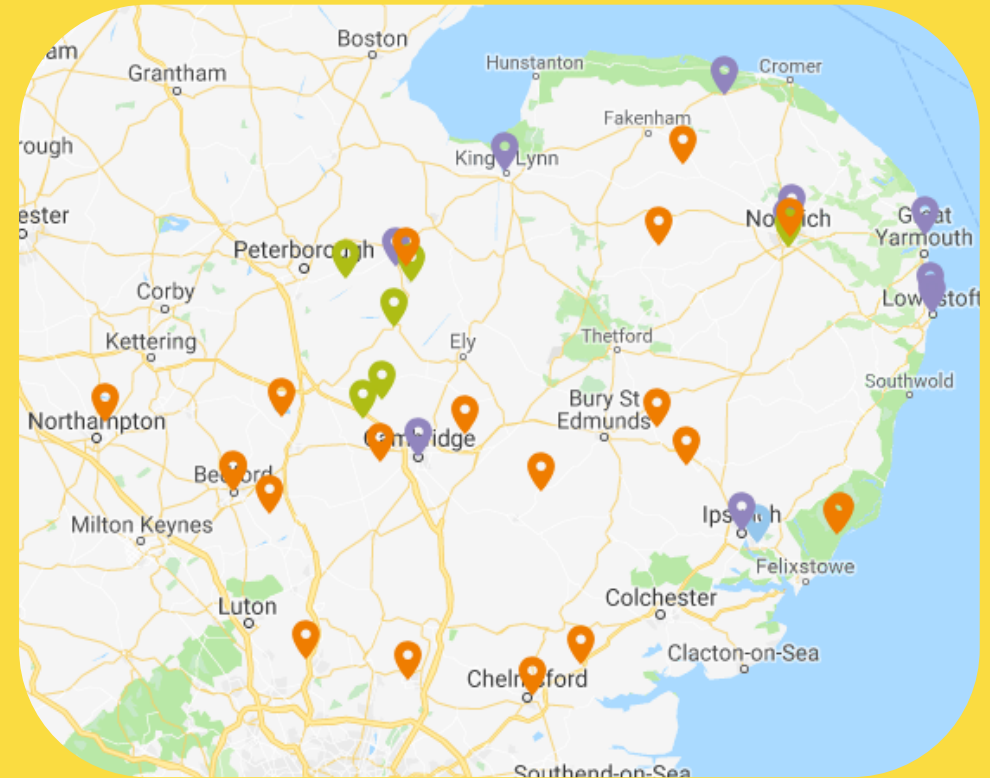
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Registered charity no: 1015716 Registered company no: 2769307

**ORMISTON
FAMILIES**

Young lives matter



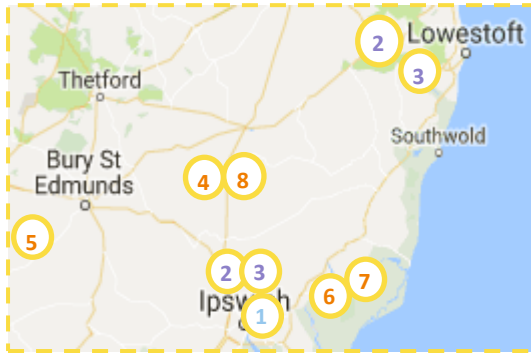
Ormiston Families

**ORMISTON
FAMILIES**

Young lives matter

Suffolk

1. Engage
2. Mpower
3. YouCanBe
4. Breaking Barriers
5. HMP Highpoint
6. HMP Hollesley Bay
7. HMP Warren Hill
8. Transforming Rehabilitation

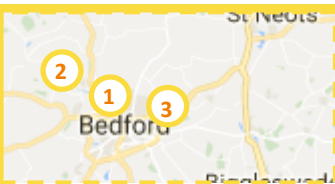
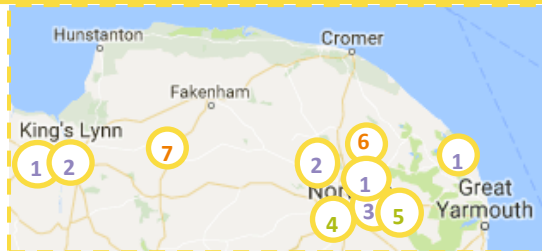


Essex

1. HMP Chelmsford
2. Transforming Rehabilitation
3. Breaking Barriers

Norfolk

1. Mpower
2. Point 1 (Norwich HUB)
3. Link Project (Norwich HUB)
4. Ducketts Pre-School
5. Children's Centre - East City and Framlingham Earl Area
6. Breaking Barriers (Norwich HUB)
7. Transforming Rehabilitation

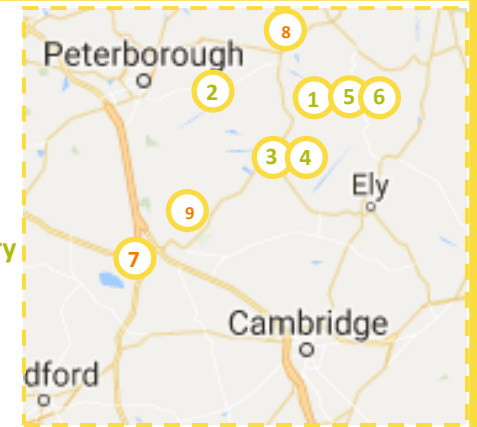


Bedfordshire

1. HMP Bedford
2. Transforming Rehabilitation
3. Breaking Barriers

Cambridgeshire

1. Children's Centre - March
2. Children's Centre - Whittlesey
3. Children's Centre - Chatteris
4. SEND Care & Share/Sensory Toy Library
5. HeadSpace
6. Small Steps Together
7. HMP Littlehey
8. HMP Whitemoor
9. Breaking Barriers



Project Descriptions (A-Z)

Breaking Barriers

Provides support for young people affected by the imprisonment of a close family member through offering one to one support.

Children's Centres

A one-stop-shop for local families with children under 5, offering vital information, groups & activities.

Ducketts Pre-School

Offers funded and paid childcare for children aged 2-4years old.

Engage

Improves the life chances of young people by improving their motivation to engage with learning. Also supports positive change in the home.

HeadSpace

For children aged 4-11 years who have emerging mental health needs offering 1:1 support and advice in a play based approach. Deals with low level anxiety, eating difficulties, self harm, disturbed behaviour or emotional distress.

HMP - Prison Visitor Centres

Ormiston Families work in the visitors centre to provide a reassuring welcome to visitors, Story Book Dads sessions, special children's visits and more.

